Myasthenia Gravis Montreal and Muscular Dystrophy Canada in collaboration with the Neuro-Patient Resource Centre

## MYASTHENIA GRAVIS AWARENESS WORKSHOP FOR THOSE LIVING WITH MG & THEIR FAMILIES

- Date: Saturday, October 13<sup>th</sup>, 2007
- **Time:** 1:30pm to 4:00pm
- Place: Montreal Neurological Hospital 3801 University St Killam Conference Room- W201

Recognizing and Respecting Our Limits: When to say yes, no, or otherwise

Join us for a "fun to do" workshop exploring our emotional and physical limits living with myasthenia gravis and learn practical techniques to enhance day-to-day living.

Facilitator: Deborah Weissberg Morrison, Psychologist

- Refreshments will be served
- Hospital parking available free with advanced registration

For more information and to register, please contact Iris Biteen at MGCC: 514-739-3737 or irisbiteen@mgcc-ccmg.org

Supported by an unrestricted education grant from Talecris Biotherapeutics